

Appendix H
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STUDENT EPILEPSY MANAGEMENT PLAN

STUDENT INFORMATION		
Student Name _____	Date Of Birth _____	Student Photo (optional)
Ontario Ed. # _____	Age _____	
Grade _____	Teacher(s) _____	

EMERGENCY CONTACTS (LIST IN PRIORITY)			
NAME	RELATIONSHIP	DAYTIME PHONE	ALTERNATE PHONE
1.			
2.			
3.			

<p>Has an emergency rescue medication been prescribed? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If yes, attach the rescue medication plan, healthcare providers' orders and authorization from the student's parent(s)/guardian(s) for a trained person to administer the medication.</p> <p>Note: Rescue medication training for the prescribed rescue medication and route of administration (e.g. buccal or intranasal) must be done in collaboration with a regulated healthcare professional.</p>															
KNOWN SEIZURE TRIGGERS															
CHECK (✓) ALL THOSE THAT APPLY															
<table style="width: 100%; border: none;"> <tr> <td><input type="checkbox"/> Stress</td> <td><input type="checkbox"/> Menstrual Cycle</td> <td><input type="checkbox"/> Inactivity</td> </tr> <tr> <td><input type="checkbox"/> Changes In Diet</td> <td><input type="checkbox"/> Lack Of Sleep</td> <td><input type="checkbox"/> Electronic Stimulation (TV, Videos, Florescent Lights)</td> </tr> <tr> <td><input type="checkbox"/> Illness</td> <td colspan="2"><input type="checkbox"/> Improper Medication Balance</td> </tr> <tr> <td><input type="checkbox"/> Change In Weather</td> <td colspan="2"><input type="checkbox"/> Other _____</td> </tr> <tr> <td colspan="3"><input type="checkbox"/> Any Other Medical Condition or Allergy? _____</td> </tr> </table>	<input type="checkbox"/> Stress	<input type="checkbox"/> Menstrual Cycle	<input type="checkbox"/> Inactivity	<input type="checkbox"/> Changes In Diet	<input type="checkbox"/> Lack Of Sleep	<input type="checkbox"/> Electronic Stimulation (TV, Videos, Florescent Lights)	<input type="checkbox"/> Illness	<input type="checkbox"/> Improper Medication Balance		<input type="checkbox"/> Change In Weather	<input type="checkbox"/> Other _____		<input type="checkbox"/> Any Other Medical Condition or Allergy? _____		
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DAILY/ROUTINE EPILEPSY MANAGEMENT	
DESCRIPTION OF SEIZURE (NON-CONVULSIVE)	ACTION:
	(e.g., description of dietary therapy, risks to be mitigated, trigger avoidance.)
DESCRIPTION OF SEIZURE (CONVULSIVE)	ACTION:
SEIZURE MANAGEMENT	
Note: It is possible for a student to have more than one seizure type. Record information for each seizure type.	
SEIZURE TYPE	ACTIONS TO TAKE DURING SEIZURE
(e.g., tonic-clonic, absence, simple partial, complex partial, atonic, myoclonic, infantile spasms) Type: _____ Description: _____ Frequency of seizure activity: _____ _____ Typical seizure duration: _____	

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BASIC FIRST AID: CARE AND COMFORT
<p>First aid procedure(s): _____</p> <p>Does student need to leave classroom after a seizure? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If yes, describe process for returning student to classroom: _____</p>
<p>BASIC SEIZURE FIRST AID</p> <ul style="list-style-type: none"> • Stay calm and track time and duration of seizure • Keep student safe • Do not restrain or interfere with student's movements • Do not put anything in student's mouth • Stay with student until fully conscious <p>FOR TONIC-CLONIC SEIZURE:</p> <p style="padding-left: 20px;">Protect student's head Keep airway open/watch breathing Turn student on side</p>
EMERGENCY PROCEDURES
<p>Students with epilepsy will typically experience seizures as a result of their medical condition.</p> <p>Call 9-1-1 when:</p> <ul style="list-style-type: none"> • Convulsive (tonic-clonic) seizure lasts longer than five (5) minutes. • Student has repeated seizures without regaining consciousness. • Student is injured or has diabetes. • Student has a first-time seizure. • Student has breathing difficulties. • Student has a seizure in water • *Notify parent(s)/guardian(s) or emergency contact.

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HEALTHCARE PROVIDER INFORMATION (OPTIONAL)
Healthcare provider may include Physician, Nurse Practitioner, Registered Nurse, Pharmacist, Respiratory Therapist, Certified Respiratory Educator, or Certified Asthma Educator.
Healthcare Provider's Name: _____
Profession/Role: _____
Signature: _____ Date: _____
Special Instructions/Notes/Prescription Labels:
If medication is prescribed, please include dosage, frequency and method of administration, dates for which the authorization to administer applies, and possible side effects. ★This information may remain on file if there are no changes to the student's medical condition.

AUTHORIZATION/PLAN REVIEW
INDIVIDUALS WITH WHOM THIS PLAN OF CARE IS TO BE SHARED
1. _____ 2. _____ 3. _____
4. _____ 5. _____ 6. _____
Other Individuals to Be Contacted Regarding Plan of Care:
Before-School Program <input type="checkbox"/> Yes <input type="checkbox"/> No _____
After-School Program <input type="checkbox"/> Yes <input type="checkbox"/> No _____
School Bus Driver/Route # (If Applicable)
Other: _____

This plan remains in effect for the 20__ - 20__ school year without change and will be reviewed on or before: _____ (It is the parent(s)/guardian(s) responsibility to notify the principal if there is a need to change the plan of care during the school year).	
Parent(s)/Guardian(s): _____ Signature	Date: _____
Student: _____ Signature	Date: _____
Principal: _____ Signature	Date: _____